

## CURRICULUM VITAE

**R. Trent Codd, III**

**Cognitive-Behavioral Therapy Center of WNC, P.A.**

**417 Biltmore Avenue, Suite 2E**

**Asheville, NC 28801**

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[www.BehaviorTherapist.com](http://www.BehaviorTherapist.com)

[www.BehaviorTherapist.org](http://www.BehaviorTherapist.org)

### Education:

#### *Graduate*

**Additional Graduate work (non-degree seeking);** Applied Behavior Analysis;  
University of North Texas; 2008-2009

#### Coursework

Basic Behavior Principles (3 graduate hours)  
Techniques in Applied Behavior Analysis (3 graduate hours)  
Research and Applications in Behavior Analysis (3 graduate hours)  
Ethics for Behavior Analysts (1 graduate hour)  
Functional Analysis in School Settings (1 graduate hour)  
Introduction to Verbal Behavior (1 graduate hour)  
Current Directions in Autism (3 graduate hours)

**Ed.S.;** Mental Health Counseling; University of Florida; Gainesville, FL; 5/99;  
GPA 3.78; (CACREP accredited)

**M.A.E.;** Mental Health Counseling; University of Florida; Gainesville, FL; 5/99  
GPA 3.78; (CACREP accredited)

- Master's thesis: "Help-seeking for alcoholism: A test of the utility of the Theory of Reasoned Action." Chairman: James Archer, Jr., Ph.D. ABPP

#### Coursework

Introduction to Counseling	Counseling Theories and Applications
Personality Theories	Family Counseling
Assessment in Counseling & Development	Sexuality & Mental Health Counseling
Professional Identity and Ethics	Quantitative research methods (ANOVA)
Group Counseling Theories/Procedures	Counseling in Community Settings
Career Development	Survey of Behavior Analysis
Diagnosis & Treatment of Mental Disorders	Multicultural Counseling
Developmental Counseling over the Lifespan	Survey of Social Psychology

Advanced Quantitative Foundations of Educational Research (Regression Analysis)	Practicum I in counseling
Internship in Counseling	Practicum II in agency counseling
Supervision for Split Internship	Group Supervision in agency counseling (4 semesters)
Individual Supervision (4 semesters)	Special Topics: Ethics

**M.C.J.;** Criminal Justice; University of South Carolina; Columbia, SC; 5/96  
GPA 3.86

Coursework

Foundations of Criminal Justice	Philosophy of Justice
Computer Applications in Criminal Justice	Criminology
Administration of Criminal Justice	Prison Violence
Research in Criminal Justice	Survey of Developmental Psychology
Educational Statistics I	Internship in Criminal Justice

**GCADS;** Alcohol and Drug Studies; University of South Carolina School of Public Health; Columbia, SC; 12/96; GPA 3.9

Coursework

Survey of Psychopharmacology	Substance Abuse & Criminal Justice
Individual Research	Advanced Independent Study
Addictions Rehabilitation	Independent Study

*Undergraduate*

**BS;** Criminal Justice; University of North Carolina at Charlotte; Charlotte, NC; 5/94  
GPA 3.3

Coursework

Criminal Justice

Research Methods  
Criminal Justice Theory  
American Criminal Courts  
Criminal Justice and Law  
Law Enforcement Administration  
Institutional Corrections  
Ethics in the Criminal Justice System  
Juvenile Law  
Law Enforcement Behavior Systems  
Drugs and Crime  
Introduction to Criminal Justice  
Criminology  
Social Deviation

Science/Math

Introduction to Computers  
Physical Geology  
Physical Geology Lab  
General Psychology  
General Psychology Lab  
Trigonometry  
Algebra/Analytic Geometry  
Statistical Methods  
Introduction to Astronomy  
Introductory Astronomy Lab

## General Education

Logic I	Elementary Spanish
Logic II	Elementary Spanish II
Introduction to Philosophy	Elementary Spanish Lab
American National Government & Politics	Music Appreciation
Introduction to Political Science	Current Political Issues
Introduction to Literature	Expository Writing
World Civilization to 1650	Old Testament Literature
Big Bang and God	New Testament Literature

### **Work Experience:**

**Cognitive-Behavioral Therapy Center of Western North Carolina, P.A.;** President;  
Asheville, NC

*12/13/01-present (Full-time)*

*5/1/01-12/12/01 (Part-time)*

- Provide individual, group, couple, and family therapy for anxiety, mood, and substance use disorders from a cognitive-behavioral orientation with adolescent and adult outpatient population
- Provide clinical supervision to employees; Markets include: chronic pain, sports psychology, antisocial youth, obesity and weight loss

**Blue Ridge Mental Health Center;** Asheville, NC

*8/1/01-12/12/01;* Substance Abuse Counselor II position upgraded to Licensed Clinical Counselor

- Provided clinical substance abuse and mental health treatment and case management services to youths incarcerated at the Swannanoa Valley Youth Development Center (SVYDC)
- Provided clinical services to a culturally diverse population
- Provided the above services as part of an intensive substance abuse treatment program at SVYDC
- Screened for mental health and substance abuse problems among the general incarcerated population at SVYDC
- Performed in-depth psycho-social assessments of individual dynamics and needs
- Engaged in inter-agency case coordination and treatment team planning
- Provided individual, group, and family therapy from a cognitive-behavioral orientation
- Provided crisis intervention
- Provided consultation, education and training to Blue Ridge Center and SVYDC staff
- Directly assisted the program manger in program development and evaluation of services, treatment curricula development, staff training and clinical oversight, consultation with training school clinical staff, group supervision efforts, research efforts and the development/enhancement of linkages with aftercare community treatment resources

10/1/99- 7/31/01; Substance Abuse Counselor II

- Provided clinical substance abuse and mental health treatment to incarcerated adolescent males at Swannanoa Valley Youth Development Center (formerly the Juvenile Evaluation Center)
- Provided clinical services to a culturally diverse population
- Provided the above services as part of an intensive substance abuse treatment program
- Provided individual, group, and family therapy from a cognitive-behavioral orientation
- Provided crisis intervention
- Provided case management services and engaged in inter-agency case coordination and treatment planning

**Teaching Experience:**

**University of Phoenix Online**

11/08-present; Adjunct Psychology Instructor

- Courses taught  
*Learning and Cognition* (Online course)

**Asheville-Buncombe Technical Community College; Asheville, NC**

5/01-12/08; Adjunct Psychology Instructor

- Courses taught:  
*Abnormal Psychology* (Summer 2001; Summer 2002; 2 sections Fall 2002; 2 sections Spring 2003; Spring 2004; Fall 2004; Spring 2005; Fall 2005; Spring 2006; Fall 2006)  
*General Psychology* (Fall 2001; Spring 2002; 2 sections Fall 2002; Spring 2004)  
*General Psychology* (Online course) (2 sections Fall 2006; 3 sections Spring 2007; 3 sections Fall 2007; 2 sections Spring 2008; 4 sections Fall 2008)

**University of Florida Department of Counselor Education; Gainesville, FL**

Spring semester 1998; Volunteer lab instructor

- Led a one-hour weekly lab for first semester graduate students in Counselor Education as part of their course in counseling theories and techniques.
- Reviewed and provided feedback on videotaped counseling sessions, provided guidance and feedback on role plays, and assigned grades.

**Haywood Community College; Clyde, NC**

Fall quarter 1996; Part-time Criminal Justice Instructor

- Courses taught:  
*Stress Management*  
*Law I* (two sections)  
*Retail and Industrial Security*  
*Criminal Investigation*
- Provided guidance for the Student Criminal Justice Association.

**University of South Carolina; Columbia, SC**

8/94-5/96; Graduate Assistant

- Aided in the preparation and organization of the Criminal Justice Courses *Prison Violence and Alternatives to Imprisonment*
- Taught two to three class sessions per semester

**Practica, internship, and other clinical experience:**

**Shands Hospital at the University of Florida; Gainesville, FL; Adult & Adolescent psychiatric inpatient unit; Fall 1998; 300 hour internship**

- Co-led daily adult high-functioning group therapy sessions
- Performed individual and family therapy with young adults through geriatric population over a wide range of disorders
- Attended medical student psychiatric lecture series
- Performed case management duties
- Participated in recreational therapy groups
- Observed individual, family, and group therapy sessions conducted by therapists from a variety of disciplines

**Meridian Behavioral Healthcare, Inc.; Lake City, FL; Summer 1998; 300 hour internship**

- Led adult anger management group and adolescent early intervention addictions group
- Conducted intake assessments
- Performed individual psychotherapy with adult, adolescent, and child outpatient population over a wide range of disorders

**Meridian Behavioral Healthcare, Inc.; Lake City, FL; Spring Semester 1998; 250 hour practicum**

- Designed, implemented, and led an eleven-session adult anger management group
- Designed, implemented and led an eight-session adolescent early intervention addictions group
- Co-led an eight-session adult primary addictions group
- Conducted intake assessments
- Performed individual psychotherapy with adult and adolescent outpatient population over a wide range of disorders

**Horizon/New Pathways Alternative School; Gainesville, FL; Fall semester 1997; 150 hour practicum**

- Performed eight hours of individual counseling per week
- Co-led a one-hour weekly anger management group
- Performed crisis intervention with adolescent population

**Alachua County Crisis Center; Gainesville, FL; 5/97-10/98**

- Crisis line counselor- used a crisis intervention model to counsel a wide range of clients
- Care team associate- served as a member of a two person emergency mobile crisis team
- In house trainer- served as an adjunct to the external training program in training new crisis line counselors
- 4-14 hours weekly

**Clinical Consultation**

- **Completed 20 Hours of clinical hypnosis clinical consultation** with Sheryll Daniel, PhD; ASCH approved clinical consultation; 2006
- **Completed individual ACT clinical consultation** with Kelly Wilson, PhD; 2006
- **Completed 8 session Functional Analytic Psychotherapy (FAP) online clinical consultation group;** led by Mavis Tsai, PhD; 2006

**Training (selected)**

2009

- Completed 20 hours of advanced training in clinical hypnosis for chronic pain; Training provided by multiple trainers and sponsored by ASCH; Northbrook, IL; 9-10-09 – 9-13-09

2008

- Completed 2 hours of training in DBT for the emotionally constricted and risk averse; Training conducted by Thomas Lynch and Jennifer Cheavens; ABCT; Orlando, FL; 11-15-08
- Completed 3 hours of training in avoiding polarization with dialectical behavior therapy; Training conducted by Shireen Rizvi & Kathryn Korslund; ABCT; Orlando, FL; 11-14-08
- Completed 7 hours of training in Bipolar Disorder in Children and Adolescents; Training conducted by Eric Goodstrum; ABCT; Orlando, FL; 11-13-08
- Completed 6 hours of training in A Functional Approach to Behavioral Activation for Depression; Training conducted by Jonathan Kanter; ABA; Chicago, IL; 5-23-08
- Completed 3 hours of training in Schedule-induced behaviors: Origins of problem behaviors and procedures to minimize their influence; Training conducted by Jeff Kupfer; ABA; Chicago, IL; 5-23-08

2007

- Completed 3 hours of training in Appetite Awareness Training within interventions for Eating Disorders and Weight Concerns; Training conducted by Linda Craighead; ABCT; Philadelphia, PA; 11/17/07

- Completed 3 hours of training on Barlow's Unified Protocol for Emotional Disorders; Training conducted by David Barlow, Laura Allen, Christopher Fairholme & Kristen Ellard; ABCT; Philadelphia, PA; 11/17/07
- Completed 3 hours of training in CBT for Insomnia; Training conducted by Jack Edinger & Colleen E. Carney; ABCT; Philadelphia, PA; 11/16/07
- Completed 7 hours of training in Interpersonal/Emotional Process Therapy for Generalized Anxiety Disorder; Training conducted by Tom Borkovec; ABCT; Philadelphia, PA; 11/15/07
- Completed 5 hours of training in comprehensive behavioral management of tic disorders in children and adults; Training conducted by Douglas Woods, John Piacenti, Alan Peterson, John Walkup, and Sabine Wilhelm; ABCT; Philadelphia, PA; 11/14/07
- Completed 3 hours of training in Behavior Analysis of Peak Personal Athletic Performance and Physical Fitness; Training conducted by Steven Ray Flora; ABA; San Diego, CA; 05/25/07
- Completed 6 hours of training in Function based diagnosis and treatment for chronic populations; Training conducted by Kevin Schock and Ennio Cipani; ABA; San Diego, CA; 05/25/07

#### 2006

- Completed 6.25 hours of training in Motivational Interviewing; Training conducted by Robert Rhode; Charlotte, NC; 09/26/06
- Completed 3 hours of training on Inner Behavior: Changing thoughts, feelings, and behavior; Training conducted by Abigail Calkin; ABA; Atlanta, GA; 5/27/06
- Completed 3 hour workshop in Teaching a Child Development course with Interteaching and Student Response Systems (Clickers); Training conducted by Gary D. Novak & Martha Pelaez; ABA; Atlanta, GA; 5/26/06
- Completed 6 hours of training in Functional Analysis and Treatment of Psychotic topographies; Training conducted by Tomas Gimenez and Javier Ortega; ABA; Atlanta, GA; 5/26/06

#### 2005

- Completed 20 hours of intermediate training in clinical hypnosis; American Society of Clinical Hypnosis; Miami, FL.; 12/05
- Completed 3 hours of training in Cognitive Behavior Therapy with Difficult Children and Families; Training conducted by Robert Friedberg; ABCT; Washington, DC; 11/19/05
- Completed 3 hours of training Resolving Ruptures in the Therapeutic Alliance; Training conducted by Jeremy D. Safran and Christopher Muran; ABCT; Washington, DC; 11/19/05
- Completed 2 hours of training in Treatment for Compulsive Hoarding; Master Clinician Seminar conducted by Gail Steketee and Randy O. Frost; ABCT; Washington, DC; 11/18/05

- Completed 38 hours of training in Acceptance and Commitment Therapy; Training conducted by various presenters; ACT Summer Institute II; Philadelphia; 7/18/05-7/22/05
- Completed 17 hour advanced experiential workshop in Acceptance and Commitment Therapy; Training conducted by Kelly Wilson, PhD; Philadelphia; 7/16/05 & 7/17/05
- Completed 3 hours of training in Habit Reversal and Regulated Breathing for maladaptive habits, tics, Tourette's Syndrome, and Stuttering; Training conducted by Greg Nunn, Ph.D.; ABA; Chicago; 5/28/05
- Completed 3 hours of training in Standard Celeration Charting; Training conducted by Fabrizio, Starlin, Calkin, Pennypacker, and Rosales-Ruiz; ABA; Chicago; 5/27/05
- Completed 6 hours of training in Goldiamond's Constructional Approach; Training conducted by Paul Andronis, Ph.D.; ABA; Chicago; 5/27/05
- Completed 1 hour of training in Managing the complex clinical course of Generalized Anxiety Disorder; PscyCME; Training conducted by Martin B. Keller, MD & R. Bruce Lydiard, PhD, MD; 3/13/05

#### 2004

- Completed 3 hours of training in Acceptance and Commitment Therapy with the therapy-wise multiproblem client; Training conducted by Kirk Strosahl; AABT; New Orleans; 11/20/04
- Completed 3 hours of training in Functional Analytic Psychotherapy; Training conducted by Robert J. Kohlenberg, Jonathan W. Kanter, Chauncey Parker, Reo W. Newring, & Christine Terry; AABT; New Orleans; 11/20/04
- Completed 3 hours of training in Enhancing exposure efficacy: Strategies for maximizing safety learning; Training conducted by Michael W. Otto & Jasper A. J. Smits; AABT; New Orleans; 11/19/04
- Completed 3 hours of training in Getting resistant substance abusers to enter treatment by working with their loved ones: The CRAFT program; Training conducted by Jane Ellen Smith & Robert J. Meyers; AABT; New Orleans; 11/19/04
- Completed 5 hours of training in Beginning-Level Training for the Cognitive Behavioral Analysis System of Psychotherapy; Training conducted by James P. McCullough, Jr., Marilyn L. Spiro, & J. Kim Penberthy; AABT; New Orleans; 11/18/04
- Completed 7 hours of training in Cognitive-Behavioral Treatment of Anxiety in Children and Adolescents: Moving beyond the Basics; Training conducted by Anne Marie Albano; AABT; New Orleans; 11/17/04
- Completed 5 hours of training in Best practices in the treatment of Bipolar disorder. Training conducted by John Haggerty, Jr.; MAHEC; Asheville, NC; 11/05/04
- Completed 33.5 hours of training in Acceptance and Commitment Therapy/Relational Frame Theory; Acceptance and Commitment Therapy Summer Training Institute 2004; Reno, NV; 7/12/04-7/16/04
- Completed 6 hours of training in Emergency Mental Health: Assessment and Treatment; Asheville, NC; 5/19/04

## 2003

- Completed 3 hours of training in Cognitive Therapy of Schizophrenia; Training conducted by Aaron Beck, Neil Rector and Corinne Cather; AABT; Boston, Mass; 11/22/03
- Completed 3 hours of training in Cognitive focused treatment of Obsessive-Compulsive Disorder; Training conducted by Maureen Whittal and Melanie O'Neill; AABT; Boston, Mass; 11/21/03
- Completed 7 hours of training in Cognitive-Behavioral Treatment of Generalized Anxiety Disorder; Training conducted by T.D. Borkovec; AABT; Boston, Mass; 11/20/03
- Completed 6 hours of training in Logotherapy: Helping clients find meaning in their lives; Training conducted by Alex Vesely (grandson of Viktor Frankl); Wake Forest University; 9/19/03
- Completed 15 hours of continuing education in Ethics in Counseling; American Counseling Association; 1/03

## 2002

- Completed 3 hours of training in CBT for GAD: Learning to tolerate uncertainty and emotion arousal; Training conducted by Michel J. Dugas; AABT; 11/02
- Completed 3 hours of training in Purpose, meaning, and values in behavior therapy: New methods in cognitive-behavioral practice; Training conducted by Kelly G. Wilson; AABT; 11/02
- Completed 3 hours of training in Acceptance and change in couple therapy; Training conducted by Andrew Christensen; AABT; 11/02
- Completed 5 hours of training in Mindfulness-based cognitive therapy and prevention of relapse in major depression; Training conducted by Zindel Segal; AABT; 11/02
- Completed 1.5 hours of training in Dialectical Behavior Therapy (DBT); Training conducted by Bill Barley and Beverly Brooks; Asheville, NC; 2/02

## 2001

- Completed 3 hours of training in Problem-Solving Therapy: Clinical Applications; Training conducted by Arthur Nezu and Christine Maguth Nezu; AABT; Philadelphia, PA; 11/01
- Completed 3 hours of training in Behavioral Activation as a Contextual Treatment for Depression; Training conducted by Christopher Martell and Michael Addis; AABT; Philadelphia, PA; 11/01
- Completed 3 hours of training in Behavioral Couples Therapy for Alcoholism and Drug Abuse; Training conducted by Timothy J. O'Farell and William Fals-Stewart; AABT; Philadelphia, PA; 11/01
- Completed 6 hours of training in Dialectical Behavior Therapy (DBT); Training conducted by Meggan Moorhead; MAHEC; Asheville, NC; 5/01
- Completed 20.5 hours of training in Acceptance and Commitment Therapy (ACT); Training conducted by Steven C. Hayes; Lake Tahoe, NV; 3/01

## 2000

- Completed 40 hours of intensive on-site training in Cognitive Therapy at the Beck Institute for Cognitive Therapy and Research; Bala Cynwyd, PA; 9/00
- North Carolina School for Alcohol and Drug Studies; Completed 22 hours of training in family therapy for chemical dependency; Training conducted by John T. Edwards; Montreat, NC; 2/00
- Completed 8 hours of training in Cognitive Therapy for personality disorders; Training conducted by Art Freeman; AABT; New Orleans, LA; 11/00
- Completed 3 hours of training in Cognitive-behavioral therapy with families; Training conducted by Frank Dattillio; AABT; New Orleans, LA; 11/00
- Completed 3 hours of training in Cognitive-behavioral therapy for sexually abused children and adolescents; Training conducted by Esther Deblinger; AABT; New Orleans, LA; 11/00
- Completed 12 hours of training in Motivational Interviewing; Training conducted by Jeff Georgi; MAHEC; Asheville, NC; 11/00

## 1999

- Completed 5.5 hours of training in Cognitive Therapy for Anxiety Disorders; Training conducted by John Ludgate; MAHEC; Asheville, NC; 11/99
- Completed 20 hours of training in Clinical Hypnosis; American Society of Clinical Hypnosis; Atlanta, GA; 3/99

## 1997

- Completed 50 hours of training in crisis intervention and suicide prevention; Alachua County Crisis Center; Gainesville, FL; 6/97; Training fully certified by the American Association of Suicidology

### **Professional Certifications/Licenses:**

- Certification in Clinical Hypnosis; Certification # R9275; American Society of Clinical Hypnosis; 12/06-present
- NC Licensed Clinical Addictions Specialist (LCAS); Certification #911; 4/1/04-present
- Master Addictions Counselor (MAC); NBCC; Certification #57531; 11/25/03-present
- Certified Clinical Mental Health Counselor (CCMHC); NBCC; Certification #57531; 12/01-present
- Certified member of the Academy of Cognitive Therapy (ACT); Certification #518; 11/01-present
- NC Licensed Professional Counselor (LPC); License # 3745; 4/1/01-present
- Nationally Certified Counselor (NCC); NBCC; Certification # 57531; 4/24/99-present

### **Awards:**

- Chi Sigma Iota Counseling Academic and Professional Honor Society International
- Alachua County School Volunteer Program award; Gainesville, FL; 2/98
- Alpha Phi Sigma Criminal Justice Honor Society
- Dean's list in undergraduate school

### **Professional Associations:**

- American Society of Clinical Hypnosis; 2006-present
- American Mental Health Counselors Association; 2003-2006
- Anxiety Disorders Association of America; 2003-present
- Association for Behavior Analysis; 2003-present
- Licensed Professional Counselors Association of North Carolina; 2001-2004
- American Association for the Advancement of Science; 2001-2005
- International Association of Cognitive Psychotherapy; 2001-present
- American Counseling Association; 1998-present
  - Association for Assessment in Counseling (A division of ACA); 2001-2006
  - Association for Specialists in Group Work (A division of ACA); 1999-2006
- Association for Behavior and Cognitive Therapy (formerly AABT); 1998-present
  - The Science and Pseudo-science Review (ABCT SIG); 2002-present

### **Public Speaking Experience/Training:**

- Toastmasters International; Member; 1/02-4/04
  - Arise and Shine Toastmasters chapter; Member; Asheville, NC; 1/02-4/04
    - Sergeant at arms; 7/02-1/03
    - Competent Toast Master (CTM); Awarded 6/5/03
    - Competent Leader (CL); Awarded 3/11/04

### **Other Experience:**

- Served as consultant to Excelsior College; Wrote test rationales for Abnormal Psychology study guide used by Excelsior undergraduate psychology students; 5/06 & 8/06
- Served as reviewer for the following Hansell and Danour's (2004) Abnormal Psychology, 1e, Wiley chapters: 1. Lifespan Development: Disorders of childhood and old age and 2. Psychological stress and physical disorders.
- Served as field reviewer for the *Substance Abuse Treatment: Men's Issues* Treatment Improvement Protocol (TIP). April 2004. Project funded by the Center for Substance Abuse Treatment (CSAT).
- Served as field reviewer for the *Substance Abuse Treatment and Trauma* Treatment Improvement Protocol (TIP). March 2004. Project funded by the Center for Substance Abuse Treatment (CSAT).

- Coordinated psychometric data collection at a southeastern juvenile correctional facility; Data used by Evince Clinical Assessments to further develop the Practical Adolescent Dual Diagnostic Interview (PADDDI); 2001
- Research Technician; University of South Carolina Behavioral Pharmacology lab; Fall semester 1995
  - 20 hours per week
  - Worked under Dr. James Appel
  - Used the behavioral procedure of drug discrimination as an animal model of the subjective effects of hallucinogenic and related substances in humans to study the mechanisms of action of psychoactive drugs
  - *Duties:* Data input, drug discrimination training, generalization and antagonism tests
- United States Marshals Service internship; Columbia, SC office; Summer 1995

### **Manuscripts in preparation:**

- Codd, III, R.T., Twohig, M., Enno, A., Crosby, J. Acceptance and Commitment Therapy without exposure as a treatment for three anxiety disorder cases in a private practice.

### **Publications (refereed):**

- Codd III, R.T., & Cohen, B.N. (2003). Predicting college student intention to seek help for alcohol abuse. Journal of Social and Clinical Psychology, *22* (2) 169-192.
- Michels, P., Johnson, N.P., Codd III, R.T., & Mallin, R. (1998). Childhood problems of alcoholic women. Journal of Health and Social Policy, *10*, (2) 15-26.

### **Book Chapters/Encyclopedia Entries:**

- Codd, III, R.T. & Hayes, S.C. (2008). Acceptance and Commitment Therapy. In Encyclopedia of Child Behavior and Development. (Eds.) Goldstein, S. & Naglieri, J. New York, NY: Springer.
- Codd, III, R.T. (2008). Psychotherapist. In Encyclopedia of Child Behavior and Development. (Eds.) Goldstein, S. & Naglieri, J. New York, NY: Springer.
- Codd, III, R.T. & Twohig, M. (2008). Obsessive-Compulsive Disorder. In Encyclopedia of Child Behavior and Development. (Eds.) Goldstein, S. & Naglieri, J. New York, NY: Springer.
- Visser, P. & Codd, III, R.T. (2008). Beck Depression Inventory. In Encyclopedia of Child Behavior and Development. (Eds.) Goldstein, S. & Naglieri, J. New York, NY: Springer.

### **Book Reviews:**

- Codd, III, R.T. (2006). "Destructive Trends in Mental Health: The Well-Intentioned Path to Harm." Research on Social Work Practice, *16* (2) 235-236.

### **Publications (non-refereed):**

- Codd, III, R.T. (July 20, 2004). Anti-smoking behavior can keep your teenager from lighting up. Asheville Citizen-Times.
- Codd, III, R.T. (March 23, 2004). Don't let fear of dental visits keep you from caring for your teeth. Asheville Citizen-Times.
- Codd, III, R. T. (December 15, 2003). Generalized Anxiety Disorder can be treated by medicine or by psychotherapy. Asheville Citizen-Times.
- Codd, III, R. T. (November 3, 2003). You can help your loved one overcome substance abuse. Asheville Citizen-Times.
- Codd, III, R.T. (August 4, 2003). It's important for parents to recognize depression in teens. Asheville Citizen-Times.
- Codd, III, R.T. (June 2, 2003). Teen substance abuse requires parental strategy. Asheville Citizen-Times.
- Codd, III, R.T. (April 7, 2003). Help for problem drinkers available. Asheville Citizen-Times.
- Codd, III, R.T. (January 20, 2003). Treatments able to control social phobia. Asheville Citizen-Times.
- Codd, III, R.T. (November 25, 2002). Emotional problems: A better strategy. Asheville Citizen-Times.
- Codd, III, R.T. (September 27, 2002). Cognitive Therapy: An effective psychological treatment for Irritable Bowel Syndrome. Published at [www.digitalabstract.net/irritablebowelsyndrome/](http://www.digitalabstract.net/irritablebowelsyndrome/)
- Codd, III, R.T. (September 9, 2002). Cognitive Therapy highly effective in treating depression. Asheville Citizen-Times.
- Codd, III, R.T. (Summer, 2002). Five ways you can promote LPCs and the counseling profession. Professional Ties.
- Codd, III, R.T. (July 8, 2002). Panic disorders can be controlled. Asheville Citizen-Times.
- Codd, III, R.T. (April 29, 2002). Virtual Reality useful in treating anxiety disorders. Asheville Citizen-Times.
- Codd, III, R.T. (February 18, 2002). Coping with the emotional side of diabetes. Asheville Citizen-Times.
- Codd, III, R.T. (September, 2001). Can you recognize the signs of problem drinking? Column published in the American Counseling Association's "The Counseling Corner"—a weekly nationally syndicated newspaper column

### **Editorial Boards:**

- Encyclopedia of Child Behavior and Development; 2008
- The Journal of Behavior Analysis of Offender and Victim Treatment and Prevention; Reviewer; 2007-present

### Intensive training provided:

- Co-directed 6 months intensive training in Cognitive-Behavioral Therapy with John Ludgate, PhD. Training involved provision of workshops and clinical supervision (2 cycles).

### Poster Presentations:

- Codd, III, R.T., Twohig, M., Enno, A., Crosby, J. (2009). *Acceptance and Commitment Therapy without exposure as a treatment for three anxiety disorder cases in a private practice*. Poster presented at the 43<sup>rd</sup> annual convention of the Association for Behavioral and Cognitive Therapies; New York, NY.
- Codd, III, R.T. *Knowledge and attitudes concerning the Cognitive-Behavioral Therapies: A survey of CACREP-accredited program instructors*. (2009). Poster presented at the 43<sup>rd</sup> annual convention of the Association for Behavioral and Cognitive Therapies; New York, NY.

### Presentations/workshops:

- Codd, III, R.T. (October 19, 2009). **Cognitive-Behavioral Therapy for mood disorders and co-occurring conditions**. Invited, paid, 6 hour presentation given at MAHEC in Asheville, NC.
- Codd, III, R.T. (October 16, 2009). **Motivational Interviewing in the primary care setting**. Invited paid, 1 hour presentation given at Don Teeter, MD's medical office to Dr. Teeter and staff. Waynesville, NC.
- Codd, III, R.T. (September 15, 2009). **Mental Health Conditions in Medical Settings: Evidence-based brief therapy**. Invited, paid 3 hour presentation given at MAHEC in Asheville, NC.
- Codd, III, R.T. (May 13, 2009). **Cognitive-Behavioral Therapy for Co-morbid Borderline Personality Disorder and Substance Use Disorder**. Invited, paid, 2 hour presentation given at Addiction Focus On Women Conference held in Hendersonville, NC.
- Codd, III, R.T. (October 10, 2008). **Acceptance and Commitment Therapy: The New Wave of CBT**. Invited, paid, 6.5 hour presentation given at East Tennessee State University. Sponsored by ETSU's Department of Psychology. Johnson City, TN.
- Codd, III, R.T. with Ludgate, J. (September 19, 2008). **Cognitive-Behavioral Therapy for Substance Abuse**. Paid 6 hour presentation. Asheville, NC.
- Codd, III, R.T. with Ludgate, J. (August 11, 2008). **Cognitive-Behavioral Therapy: The Basics**. Invited, paid, 3 hour presentation given to NC Department of Juvenile Justice clinical staff. Brevard, NC.
- Codd, III, R.T. (May 8, 2008). **Acceptance and Commitment Therapy: The New Wave of CBT**. Invited, paid, 6 hour presentation given at Mountain Area Health Education Center (MAHEC). Asheville, NC.

- Codd, III, R.T. with Baker, R. (March 18, 2008). **Cognitive-Behavioral Therapy: What it is and where it's going.** Invited 1 hour presentation given at NAMI-WNC. Asheville, NC.
- Codd, III, R.T. with Ludgate, J. (November 30, 2007). **CBT for Complex Mood Disorders.** Paid 6 hour presentation. Asheville, NC.
- Codd, III, R.T. with Ludgate, J. (October 12, 2007). **CBT for Complex Anxiety Disorders.** Paid 6 hour presentation. Asheville, NC.
- Codd, III, R.T. with Ludgate, J. (June 22, 2007). **Applications of Cognitive-Behavior Therapy with specific Axis II Disorders.** Paid 6 hour presentation. Asheville, NC.
- Codd, III, R.T. with Ludgate, J. (March 2, 2007). **Cognitive-Behavior Therapy with Axis II clients and specific applications with Borderline Personality Disorder.** Invited, paid, 6 hour presentation given at The Creative Alternatives in Therapy Conference 2007; Abingdon, VA.
- Codd, III, R.T. (September 28, 2006). **Psychological approaches to chronic disease management.** Invited, 2 hour workshop given to the Western Dietetic Association; Asheville, NC.
- Codd, III, R.T. (August 14, 2006). **Cognitive-Behavioral Therapy for incarcerated adolescents.** Invited, paid, 8 hour workshop given to the NC Department of Juvenile Justice Camp Woodson staff; Brevard, NC.
- Codd, III, R.T. (October 22, 2004). **Cognitive-Behavioral Therapy for substance abuse: A primer.** Invited, paid, 3 hour workshop given to ARP/Phoenix staff. Asheville, NC.
- Codd, III, R.T. (June 23, 2004). **Cognitive-Behavioral Therapy for substance abuse: A primer.** Invited presentation given to Western Carolina University graduate substance abuse counseling course.
- Codd, III, R.T. (March 31, 2004). **Fundamentals of cognitive-behavioral therapy.** Invited, paid presentation given to Wendy Logan's school counselor clinical supervision group. Asheville, NC.
- Codd, III, R.T. (March 23, 2004). **Adolescent substance abuse treatment update.** Invited, 1 hour presentation given to the WNC regional meeting of the NC Association of School Based/Linked Health Centers. Presentation given at Mountain Area Health Education Center. Asheville, NC.
- Codd, III, R.T. (July 15, 2003). **What is cognitive-behavioral therapy?** Invited, 30-minute presentation given to NAMI Western North Carolina.
- Codd, III, R.T. (March 3, 2003). **Cognitive-behavioral therapy for Cluster B personality disorders.** 6 hour continuing education program given at Mountain Area Health Education Center. Asheville, NC.
- Codd, III, R.T. (October 26, 2002). **Helping diabetics cope: A cognitive-behavioral approach.** 1.5 hour presentation given at the 2002 Licensed Professional Counselors Association of North Carolina annual conference. Wilmington, NC.
- Codd, III, R.T. (September 10, 2002). **Fundamentals of Cognitive Behavior Therapy.** 1.5 hour Lunch & Learn program. Mountain Area Health Education Center. Asheville, NC.

- Codd, III, R.T. (January 30, 2002). **Victimology: A primer**. Invited, 30-minute presentation given at Four Seasons Martial Arts Academy. Asheville, NC.
- Codd, III, R.T. (November 10, 2001). **The antisocial personalities and crime**. Invited, paid, five-hour presentation given at the Criminal Justice Department at Jacksonville State University in Jacksonville, AL. Students received one hour of undergraduate credit for CJ 488: Special Topics.
- Codd, III, R.T. (September 14, 2001). **Cognitive Therapy for substance abuse**. Invited, one-hour presentation given to the NC child and adolescent substance abuse regional residential program initiative forum held at Swain Recovery Center in Black Mountain, NC.

### **In-service training provided:**

- Codd, III, R.T. (December 10, 2001). **Cognitive-Behavioral Therapy: Clinical applications with adolescent substance abusers**. Provided two-hour in-service training to Blue Ridge Mental Health Center substance abuse staff at Swannanoa Valley Youth Development Center.
- Codd, III, R.T. (December 3, 2001). **Fundamentals of Cognitive-Behavioral Therapy**. Provided two-hour in-service training to Blue Ridge Mental Health Center substance abuse staff at Swannanoa Valley Youth Development Center.
- Codd, III, R.T. (November 26, 2001). **Social-Learning Theory**. Provided two-hour in-service training to Blue Ridge Mental Health Center substance abuse staff at Swannanoa Valley Youth Development Center.

### **Professional/Community Service:**

- Member; Rotary International; Arden Rotary Club (club # 7670); 9/23/04-8/07
  - International Service Chair; 6/05-6/06
- Member-at-Large; LPC Association of NC; 1/1/02-12/31/02

### **Committees:**

- Licensed Professional Counselor's Association of North Carolina's Membership Committee; 1/1/02-12/31/02
- Licensed Professional Counselor's Association of North Carolina's Western North Carolina regional representative; 1/1/02-12/31/02

### **Cocurricular**

- Society of American Magicians; Member since 2004
  - Charter member Western North Carolina Assembly of SAM (Assembly # 288)
  - President WNC Assembly of the SAM 2006-2008
  - NC State Deputy of Magic 2007-present
- Charter member of the International Brotherhood of Magicians' Western North Carolina Ring (Ring # 344)

- Sergeant at Arms; International Brotherhood of Magicians Ring #344; 10/01-10/02
- Certified, PADI Advanced open water SCUBA diver; 1994
- Certified, PADI Open water SCUBA diver; 1993
- International Brotherhood of Magicians; Member since 1992

**Interests:**

Amateur magic; scuba diving; golf; tennis; reading